

In the Name of Allah (God), the Beneficent, the Merciful

Supplications for the Days of the Week

Imam Ali bin Husain
(Zainul Abideen A.S.)

And says Your Lord; call on Me, I will answer Your (prayer)
(The Qur'an, chapter 40, verse 60)

Sources:

1. Al Sahifa Al Sajjadia, translated by William Chittick
2. Know Your Islam by Yusuf Lalji

Presented by Dr. Syed H. Akhtar

Supplication for Monday

In the name of Allah (God), the Beneficent, the Merciful

Praise be to Allah (God), who permitted no witness when He created the heavens and the earth, and took no helper when He created the spirits.

He has no partner in His godhood, His Oneness needs no support.

Tongues are unable to describe Him completely, the intellect is incapable of knowing Him fully, the mighty humble themselves in awe of Him, their faces turned down in fear of Him, and every one submits to His Might.

So, unto You belongs all praise, repeatedly, un-interrupted, and continuous, and may His Blessings be on His Prophet eternally, and salutations upon Him, continuously and forever.

O' Allah (God), let the first part of this day consist in reformation, the middle of it in prosperity, and let it end in success. I seek refuge with You from a day that begins in fear, the middle of which results in anxiety, and which ends in pain.

O' Allah (God), I pray for forgiveness for every vow, every promise, and every pledge that I made, and then failed to honor it. I ask You concerning unjust deeds I have done to Your servants:

If there is a servant or a handmaid of Yours, who has a complaint against me for being wronged in respect to his/her reputation, property, wife/ husband, or child; or anything I may have imposed upon him/ her through inclination, caprice, scorn, zeal, vanity, or bigotry; whether he/she be absent or present, alive or dead; such that my hand has become short, and my capacity too narrow to make amends, or to fulfill my obligation to Him/ her.

I ask You, O' He who is the owner of all things of need, Who grants as He Wills, and they (the subjects) hasten to fulfill His desire; that You Bless Muhammad and the household of Muhammad, and reconcile him/ her (the wronged) to me in the manner that You choose, and grant me Mercy from You;

Verily pardon causes You no loss, nor does (conferring) bounties hurt You. O most Merciful of those whose who are merciful.

O' Allah (God), grant me on every Monday two gifts from You: The good fortune to obey You as it begins and the blessing of Your pardon when it ends. O' He, who alone is Allah (God), and none else other than Him grants Forgiveness for sins.

(The End)

Supplication for Tuesday

In the name of Allah (God), the Beneficent, the Merciful

Praise be to Allah (God), and praise is rightfully due to Him, abundant praise.

I seek refuge with Him from the evil in my soul, for surely, my soul commands me to evil, save by the Mercy of my Lord. I seek refuge with Him from the evil of Satan, who adds sins to my sins.

I seek His protection from every wicked tyrant, oppressive ruler, and overpowering enemy.

O' Allah (God):

Make me one of Your troops, for Your troops are the victors, and include me in Your band, for verily Your band is the one that prospers, and place me among Your friends, for Your friends have nothing to fear, nor shall sorrow overcome them.

O' Allah (God):

Reform my faith for me, for it is the safeguard of my affairs, set right my hereafter, for certainly it will be my everlasting abode of rest, and to it will I retire away from the wicked; and make my life a source of increase in what is good, and make my death an escape from what is evil.

Allah (God) bless Muhammad, the final Prophet, and the one who concluded the number of the messengers sent, and his goodly and purified progeny, and his chosen companions;

And on this Tuesday of the week, grant me three things:

Leave me:

No sin left unforgiven;
No sorrow remaining; and
No enemy left unvanquished by You.

In the Name of Allah, the best of names, in the Name of Allah (God), the Lord of the earth and the heavens, I seek to repel every evil, the foremost of which is His displeasure, and I desire to achieve every good, the foremost of which is His approval.

Therefore, make my existence end in Your Pardon, O' Lord of Benevolence.

(The End)

Supplication for Wednesday

In the name of Allah (God), the Beneficent, the Merciful

Praise be to Allah (God), “Who ordained the night as a garment, made sleep for rest, and appointed the day for rising up.” (25:47)

To You belongs the praise for making me rise up from sleep, for if You had willed, You would have made it everlasting; A praise perpetual, unceasing, and which the whole creation would be unable to count.

O’ Allah (God):

To You belongs all praise, for it is You who creates in due proportion, measures and disposes, ordains death, bestows life, causes illness and gives health, restores and afflicts.

Upon the throne (universe) are You stationed, and You are the sovereign over the Kingdom.

I pray to You as one:

Whose position is weak;
whose resources have diminished;
whose death has approached;
whose expectations from this world have lessened;
whose need for Your Mercy has become intense;
whose remorse for his neglects is great;
whose errors and stumbles are many; and,
whose repentance to You is sincere.

So, bless Muhammad, the last of the Prophets, and his household, the good, the pure, and grant me the intercession of Muhammad, may Your favor be on him and his progeny, and do not deprive me of his company.

Verily, You are the most Merciful of those who are merciful.

O’ Allah (God), Grant me on Wednesday four things:

Make me:

- *firm in Your obedience;
- *lively and energetic in Your worship;
- *and be desirous of Your reward;
- *and abstain from that which will make me justly deserving of painful chastisement.

You are kind to whomever You will.

(The End)

Supplication for Thursday

In the Name of Allah (God), the Beneficent, the Merciful

Praise be to Allah (God), who removed the dark night with His power, and brought forth the brilliant day through His Mercy.

He has clothed me with its brightness and bestowed upon me its blessings.

O' Allah (God),

Just as You have given me life for this day, spare me for others like it;

Bless Muhammad and his progeny,

and do not afflict me in it, and in the days and the nights similar to,

for committing forbidden acts, thereby accumulating sins.

And provide me with its good, and all the good within it, and every good that follows;

And turn away from me its evil, and all the evil within it, and every evil that follows.

O Allah (God),

I beseech You by Islam,

and I rely upon You by the honor of the Qur'an;

I seek intercession with You by Muhammad the chosen, may Allah (God) bless him and his progeny;

So, recognize my guarantee by which I hope for the fulfillment of my needs;

O' most Merciful of those who are merciful.

O' Allah (God),

Grant me five things on Thursday, which none has power to guarantee except Your generosity, and none can provide save Your favors:

A sound health through which I may have strength to obey You;

and that worship by which I may deserve Your plentiful reward;

and a generous provision through lawful means;

and guard me in times of danger;

and defend me against worries and sorrows to come.

Bless Muhammad and his progeny, and by his intercession, give me that which will be of profit on the Day of Judgment.

Surely, You are the most Merciful of those who are merciful.

(the End)

Supplication for Friday

In the Name of Allah (God), the Beneficent, the Merciful

Praise be to Allah (God), who existed before Creation, and will remain after all things have perished.

The All-knowing, who does not forget he who remembers Him, does not diminish he who gives thanks to Him; does not disappoint he who prays to Him; and does not sever the hope of he who places hope in Him.

O' Allah (God),

I call You as witness, and You are sufficient as a witness, and I call to witness all Your angels, and the bearers of Your Throne, Your Prophets and Your Messengers whom You have sent, and the various creatures that You have created:

That I bear witness that You are Allah (God), there is no god but You alone, who has neither associate nor any equal;

And there is no untruth in Your word, nor does it change;
And that Muhammad, may Your blessings be on him and his progeny, is Your servant and Your messenger and he delivered to Your servants the message with which You entrusted him.

And he exerted himself in the cause of Allah (God) as it was due; And he gave the good news of reward, and he warned of the punishment.

O' Allah (God),

Grant me firmness in Your religion as long as You will give me life,
Let not my heart deviate after You have guided me, and grant me Your Mercy.

Surely, You, and You alone are the Giver.

Bless Muhammad and his progeny, and make me one of his followers and adherents, and raise me (on the last day) in his band; and give me the grace to be regular in my performance of Friday prayers, and to win such of Your bounties as You will award to its deserving observers on the day of judgment.

Verily, You and You alone are the Mighty, the Wise.

(The End)

Supplication for Saturday

In the Name of Allah (God), the Beneficent, the Merciful

“In the Name of Allah (God),” is the slogan of those who hold fast to Him, and the speech of those who seek His protection.

I seek refuge with Allah (God), the Exalted, the High, from the oppression of tyrants, from the trickery of the envious, and from the treachery of the wrongdoers; and I praise Him more than the praises of all those who praise.

O’ Allah (God),

You are the one without a partner, and the King without being made a king. Your command is unopposed and Your sovereignty undisputed.

I ask You to bless Muhammad, Your servant and Your messenger, and his progeny, and inspire me with such gratitude for Your Favors, so as to deserve the utmost extent of Your approval. Help me through Your gentle caring to obey and to worship You regularly, and make me deserving of Your reward.

Have Mercy on me, and prevent me from acts of disobedience to You as long as You will allow me to live; and give me the grace to do that which will profit me as long as You will spare me.

Expand my chest (knowledge) through Your Book (the Qur’an), and lessen my burden of sins through its recitation;

Grant safety to my religion and to my soul, and let not those that are close to me be estranged from me, and complete Your Beneficence in what is left of my life, as You have done in the past.

O’ most Merciful of those who are merciful.

(The End)

Supplication for Sunday

In the Name of Allah (God), the Beneficent, the Merciful

I begin in the Name of Allah (God), from whom I hope nothing but His Bounty; and from whom I fear nothing but His Justice.

I rely only upon His word, and cling only to His rope.

O' possessor of pardon and good pleasure, I seek refuge with You from tyranny and enmity, from changes of time and recurrent sorrows, from being stricken with mishap, and from a life ended without preparation.

From You I seek guidance towards righteousness and reformation, and from You I seek help in granting me success and satisfaction, and from You I request the garment of safety, and everlasting peace.

I seek refuge with You, my Lord, from the promptings of Satan, and with Your might protect me from the tyranny of kings.

So, accept my past prayers and fasts, and make my morrow and that which follows, better than my present hour and day.

Make me respected among my family and my community, and guard me in my waking and in my sleep; for You are Allah (God), the Best Protector, and You are the Most Merciful of those who are merciful.

O' Allah (God),

On this day, and all Sundays to follow, I clear myself from associating partners with You, and of infidelity, and I direct my supplications sincerely to You, seeking Your acceptance.

So, bless Muhammad and his progeny, the best of Your creation, the preacher of the Truth, honor me with Your Honor which can never be diminished; and Protect me with Your Eye that never sleeps; and seal my affair by cutting me off from everything except my reliance on You alone, and terminate my life in forgiveness.

Verily, You are the Forgiving, the Merciful.

(The End)